

San Nicolas Community Paper

Unity In The Community Foundation



Aruban Wins Bronze Medal!

Elliott Loonstra Won Bronze Medal In The Taekwondo Paralympics

1

FOR SAN NICOLAS

Uniting our Community

2

FROM SAN NICOLAS

Informing our Community

3

BY SAN NICOLAS

Educating our Community



**Get Your Printed Copy
in your mailbox!**

**“San Nicolas Community
Paper Loved Around
The World” Get Yours**



CONTACT US :

E-Mail: Unityinthecommunityfoundation@gmail.com

Website: www.unityinthecommunityfoundation.com



San Nicolas Gregory Richardson Presentation



At the John Wesley Auditorium, on Thursday 12, 2020, took place the presentation of Doctor Gregory Richardson PhD dissertation entitled "Sweet Breakaway". During the presentation Luciano Millard acted as Master of Ceremony. Before the newly Doctor gave his presentation there was presentation of his aunt Drs Marylin Richardson, Dr Charissa Granger, Sharelly Emanuelson, MSC, and Prof Dr Francio Gaudelope.

Dr Gregory Richardson informed that it was a long journey before he achieved the title of Doctor and that this went along with sacrifices within the family life. Furthermore he informed that the ceremony regarding his achievement could not take place in Aruba, because the procedure regarding that leads being a Doctor is not established in Aruba. Once Dr Gregory Richardson was ready to start up the procedure concerned in Holland, he needed to find a professor in Holland that is interested in his topic, In this case with the help of Pof Dr.Francio Gaupelope and others he succeeded in finding a professor.

What the dissertation "Sweet Breakaway" concern, it is based on the sweetness of the Caribbean Music the people experience during playing the music concern. Gregory Richardson informed that at first the dissertation "Sweet Breakaway" was focused on Caribbean Music from Trinidad, but later on he switched to Aruba's style of Caribbean Music.

Must mention that Calypsonian Kevin James expressed his satisfaction for the fact that Dr Gregory Richardson with his dissertation, showed that there is another side of Caiso and Soca, and that is the scientific part. Other Calypsonians present were, Celeste and Sonny Richardson, Papi Jones and others. Once more Congratulations to Dr Gregory Richardson and Family for bringing our local produced music on a higher level. We much appreciate it.





Damage to Uncle Louis Store!

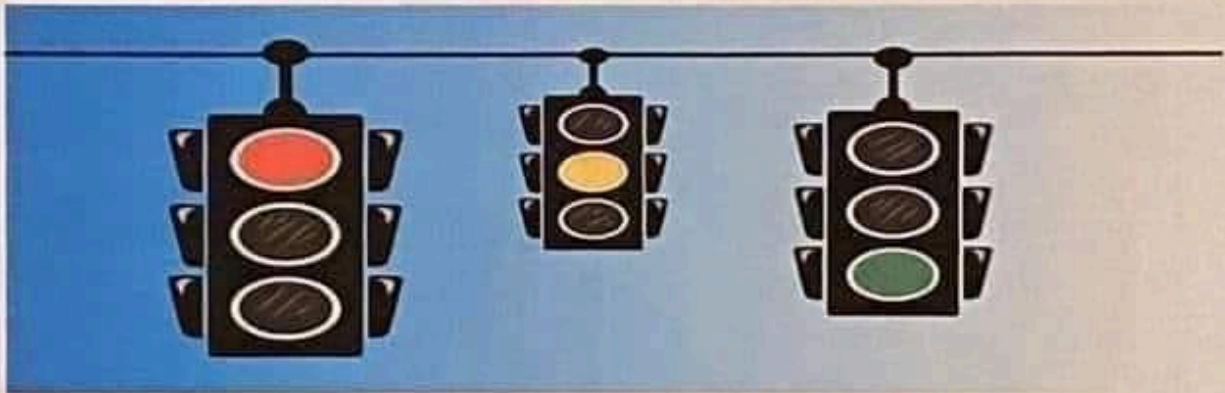
Not even a good week had passed after Uncle Louis Store was repaired and was going to be used by the government that persons damaged the building by braking some windows. Some persons say it's the addicts that did this, however no one has any evidence. This could also be a message from the community that the government has been focussing on the wrong things, and this might just be a message telling the government to Stick this project were the sun don't shine, and grass don't grow, but like we said " no one has any proof of who did this damage and why?"



SOCIAL DISTANCING:

What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.



AVOID	Use Caution	Safe to DO
Group Gatherings Sleep Overs Playdates Concerts Theatre Outings Athletic Events Crowded Retail Stores Malls Workouts in Gyms Visitors in your House Non-essential workers in your house Mass Transit Systems	Visit a local Restaurant Visit Grocery Store Get Take Out Pick up Medications Play Tennis in a Park Visiting the Library Church Services Traveling	Take a Walk Go for a Hike Yard Work Play in your Yard Clean out a Closet Read a Good Book Listen to Music Cook a Meal Family Game Night Go for a Drive Group Video Chats Stream a favorite show Check on a Friend Check on Elderly Neighbor



San Nicolas was baptized as the heritage city of Aruba and also as the Street Art City of the

Caribbean. San Nicolas is also well known for the Arupro Plastic Recycle Center. International visitors/tourist nowadays do not travel to a country only for the snow-white beaches and the warm Caribbean weather that Aruba (we) is known for, the modern tourist like to go in depth about the country's culture, life style, habits and more. The tourist today appreciates countries that are environmental conscious/friendly.

The Plastic Recycle Center received special visit from Switzerland

and France. They are repeat guest to Aruba, but have cancelled their visits due to the way we as

Aruba are dealing with our waste, Aruba is a too small of a country with such a large dump site

at Parkietenbos and also be before traveling to Aruba they were informed that our environmental

laws are not in place, but that we have a plastic recycle center in place was a reason to revisit the island.

The special visitors were from the International Union for Conservation of Nature. They congratulated Mr Hernandez and his crew and they also received a tour of the factory.

“Aruba you are on the right track, keep it up”

Aruban kids win prizes in Curaçao Tennis Tournament

In Curaçao Mali Baroud won 2nd place in the Pro Kids Tournament, our very own Kishan Rua also participated. Unity In The Community would like to congratulate them both for their hard work and dedication. Keep up the good work.



Corona Virus Check Up Number 24/7



MINISTERIO DI TURISMO,
SALUBRIDAD PUBLICO
y DEPORTE

Si bo persona tin e siguiente
sintomanan

- ✓ Keintura halto riba 38 grado
- ✓ Tos seco
- ✓ Problema pa hala rosea

Por favor yama e
siguiente number:
2800101 



Pharmacy On Duty

13th March - 20th March

San Nicolas:

Botica San Lucas 584 5119



Oranjestad:

Botica Eagle 640-8443

Some Chinese Supermarkets Taking Advantage Of The Community

Right after the Government announced that we had 2 cases of the Corona Virus on the island, the Chinese supermarkets started to raise the prices more than double. The community realized this and thanks to social media started to work together to put the names down from all the stores that were doing this. The police got involved because this is a crime. Some are still trying however keep reporting them, together we will make it trough this hard time.



No School No Problem Keep Your Kids Busy In Doors

100+ INDOOR ACTIVITIES

CRAFTS

MAKE PAPER AIRPLANES
SALT PAINTING
MAKE SUNCATCHERS
MAKE SALT DOUGH
MAKE SPONGE STAMPS
MAKE A CEREAL BOX AQUARIUM
MAKE SCRATCH ART
MAKE YOUR OWN BOOKMARKS
PAINT PET ROCKS
MAKE RECYCLED CRAYONS
MAKE PAPER BOATS
FINGER PAINT
MAKE FRIENDSHIP BRACELETS
MAKE A BIRD FEEDER
MAKE PAPER BAG PUPPETS
MAKE HANDPRINT ART
MAKE A SCRAPBOOK
DECORATE T-SHIRTS
MAKE A THANKFUL JAR
PAINT LEAVES
MAKE A TIME CAPSULE
MAKE BUTTON ART
PAINT WITH WATERCOLORS
COLOR IN A COLORING BOOK
MAKE PAPER CRAFTS
BUILD A CARDBOARD CASTLE
MAKE TISSUE BOX MONSTERS
MAKE A TOILET PAPER ROLL
BUTTERFLY
STAMP WITH CELERY
MAKE CHALK ICE
MAKE PUFFY SIDEWALK PAINT
DRAW A SELF PORTRAIT
USE RUBBER STAMPS
DO SCRAPE PAINTING
PAINT A RECYCLED JAR
MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH
MAKE SLIME
MAKE PLAY MUD
MAKE RAINBOW RICE
MAKE FAKE SNOW
MAKE A SENSORY BIN
MAKE A SENSORY BAG
BUILD A FORT
HAVE A PILLOW FIGHT
WRITE A STORY
MAKE ICE CREAM IN A BAG
MAKE GUMMY BEARS
MAKE FRUIT ROLL-UPS
HAVE A MOVIE DAY
PUT ON A FASHION SHOW
BAKE CUPCAKES OR MUFFINS
DO YOGA
BUILD AN OBSTACLE COURSE
MAKE DINNER TOGETHER
PLAY WITH MAGNETIC TILES
BUILD SOMETHING WITH LEGO
USE DOT MARKERS
BUILD A STACK OF CARDS
PUT ON A PUPPET SHOW
MAKE A TREASURE HUNT
INDOOR BOWLING
LEARN TO DRAW
PUT ON A PLAY
MAKE INDOOR HOPSCOTCH
DO A FAMILY CHORE TOGETHER
HAVE A DANCE PARTY
HAVE A TEA PARTY
PLAY WITH WATER IN A BIN
SET UP A PLAY STORE
MAKE A SOCK TOSS GAME
MAKE PERLER BEAD ART
WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER
PLAY I SPY
PLAY SIMON SAYS
PLAY BOARD GAMES
PLAY HIDE AND SEEK
INDOOR SCAVENGER HUNT
PLAY BINGO
PLAY CARD GAMES
DO A PUZZLE
PLAY CHARADES
BUILD YOUR OWN GAME
PLAY FREEZE DANCE
PLAY HOT POTATO
PLAY MARBLES
KEEP THE BALLOON UP
PLAY DOMINOES
PLAY HANGMAN
PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS
DO A SCIENCE PROJECT
LEARN ORIGAMI
LEARN ABOUT A NEW
ANIMAL
LEARN A NEW CARD GAME
LEARN TO SEW
LEARN TO KNIT
DO BRAIN TEASERS
LEARN A NEW LANGUAGE
LEARN ABOUT A COUNTRY

SYMPTOMS OF CORONAVIRUS 2019-nCoV (coronavirus)

COUGH



FEVER



**DIFFICULTY
BREATHING**



HEADACHE



ACHES



TIRED



SWEATS



CHILLS

